



SCARISTA HOUSE, ISLE OF HARRIS

BREAKFAST

Freshly squeezed orange juice

Fruit compôte

*organic apricots, peaches and prunes poached with
red wine, cinnamon, lemon and orange*

Muesli

*organic oats, sunflower and pumpkin seeds,
raisins, cranberries, goji berries,
hazelnuts and almonds toasted in honey*

Home made yoghurt

Fresh fruit

Cereals

Golspie Mill organic oatmeal porridge, with double cream

Ayrshire bacon, sausage, Stornoway black pudding,
white pudding, tomato, mushrooms

Eggs (local when available)
fried, poached, scrambled, or boiled

Inverawe kipper

Uist smoked salmon with scrambled eggs

Toast, oatcakes

Coffee – Colombian Arabica, decaffeinated Arabica

Loose leaf tea – Scottish Breakfast, Assam, Darjeeling, Earl Grey, Lapsang
Souchong

Fruit and herbal infusions